

www.SACBC.org

Southern Alameda County Buddhist Church 32975 Alvarado-Niles Road, Union City, CA 94587

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Resident Minister: Rev. Dr. Takashi Miyaji Mobile: 253.640.4224 / Email: gishin.tmiyaji@gmail.com

JANUARY 2023

I am a link in the Buddha's golden chain of love that stretches around the world. I must keep my link bright and strong. I will try to be kind and gentle to every living thing and protect all who are weaker than myself. I will try to think pure and beautiful thoughts, to say pure and beautiful words, and to do pure and beautiful deeds, knowing that on what I do now depends not only my happiness or unhappiness, but also that of others. May every link in the Buddha's golden chain of love become bright and strong, , and may we all attain perfect peace.

New Year's Greetings

Happy New Year, everyone! At the beginning of this New Year, I would like to extend my best regards to you all.

In view of the Russian invasion of Ukraine that began in February 2022, as Nembutsu followers who have deeply inscribed in our hearts and minds Shinran Shonin's message of "May there be peace in the world," we firmly stand against the military infringement of the other nation's sovereignty, and also aspire for immediate return of peace in Ukraine.



Over the last year, COVID-19 continues to be a global pandemic. I would like to

offer my deepest condolences to those who fell victim to the disease and express my sympathies to those who are undergoing treatment. I would also like to express my respect and sincere gratitude to the doctors, nurses, and other frontline medical professionals who have been engaging in the treatment of infected people, as well as all essential workers who have made it possible for us to continue with our lives.

The pandemic has forced us to learn firsthand that we will continue to be confronted by unexpected situations even in modern times despite technologies both in science and medical fields being highly developed. Sakyamuni Buddha, who passed on the Dharma to us, made clear that there is no life nor entity in this world that lasts forever. This truth, the principle of impermanence, has never changed even in this time and age approximately 2500 years since his time. Another fact that does not change is our inability to accept this truth as it is, and because of this, we continue struggling.

This is the very reason why, regardless of the pandemic, we can rely on the Jodo Shinshu teaching clarified by Shinran Shonin, which guides us as a spiritual foundation that enables us to move forward even when being overwhelmed with difficulties. A gathering at the temple with Amida Buddha as its center provides a great opportunity to receive the Dharma as well as an occasion in which people can support and reassure one another as fellow practicers who follow the same teaching.

I hope you will continue to share the teaching within the greater society through various ways and your temple will or continue to serve as a place where people can gather and find comfort in its activities. I humbly ask for your understanding and cooperation in support of your temples. I would like to conclude my new year's greeting with my heartfelt appreciation to you all.

January 1, 2023

OHTANI Kojun Monshu Jodo Shinshu Hongwanji-ha

年頭の辞

新しい年のはじめにあたり、ご挨拶申し上げます。

まず、2022 年 2 月に始まったロシア連邦のウクライナ侵攻に対して、私たち念仏者は親鸞聖人がお 示しくださった「世のなか安穏なれ」のお言葉を改めて深く心に刻み、武力による他国の主権の侵害 を強く非難するとともに、一刻も早くウクライナに平和が訪れることを願ってやみません。

さて、昨年も、世界では新型コロナウイルス感染症の流行が続きました。新型コロナウイルス感染 症によりお亡くなりになられたすべての方々に、謹んで哀悼の意を表しますとともに、罹患されてい る皆様、後遺症を患われている皆様に心よりお見舞い申し上げます。また、医師や看護師をはじめと する医療従事者の方々、ライフラインの維持に努めておられる方々に深く敬意と感謝を表します。

新型コロナウイルス感染症の流行は、科学技術が発達し、医療も進歩した世の中にあっても、私たちの予想できない事柄が現実に起こるということを知らしめました。仏教を説かれたお釈迦様は、この世を諸行無常であると示されました。約2500年たってもそのことに変わりはありません。そして、この真理をそのままに受け入れることができず、悩み苦しむ私たちの姿も変わることはありません。

それ故にこそ、新型コロナウイルス感染症の流行以前も以後も変わることなく、親鸞聖人が説かれ た浄土真宗のみ教えが、日々悩み苦しむ私たちの生きる支えとなります。阿弥陀如来を中心とするお 寺の集まりは、み教えを聞く場であると同時に、同じみ教えを依りどころとする私たちがお互いに支 え合い助け合って、安心して集うことのできる場でもあります。

皆さまには、今後も様々な工夫を凝らして、広くみ教えを伝えられることで、お寺に多くの方が集まり、その誰もが心穏やかに過ごせる場所となりますことを願っております。そして、引き続きお寺の活動にご理解とご協力を頂きますことをお願い申し上げ、年頭のご挨拶といたします。

2023年1月1日

浄土真宗本願寺派

門主 大谷光淳



 My Personal Podcast Covering Jodo Shinshu Buddhism <u>https://podcasts.apple.com/us/podcast/no-doubt-a-shin-buddhist-approach/id1511351502</u>
 Our Weekly Sunday Services Can Be Found Here: https://podcasts.apple.com/us/podcast/shin-buddhist-sangha-services/id1517181914

Happy New Year!



Alameda County is now "<mark>Yellow - Medium"</mark> for COVID. Cases are rising rapidly. Wearing masks in the hondo or Sangha Hall is <u>strongly</u> recommended.

January 1, 2023 – New Year's Day (Shusho-e) Service Sunday 10 A.M.

Rev. Dr. Takashi Miyaji will officiate this HYBRID service.

Following service, we will welcome 2023 with a "toast".

January 8, 2023 – Shotsuki Hoyo

10 A.M.

Rev. Dr. Takashi Miyaji will officiate this **HYBRID** service. At this monthly memorial service, we honor those loved ones who passed away in the month of January.

Dharma message in Japanese will be given after English service. January birthdays will be celebrated. Dharma School will follow service.

January 15, 2023 – Hoonko Service

10 A.M. This is the memorial service for Shinran Shonin. founder of Jodo Shinshu.

> Rev. Dr. Takashi Miyaji will officiate this **HYBRID** service. <u>Dharma School</u> will follow service.

> > January 22, 2023 – Family Service

*9:30 A.M.

The San Mateo Buddhist Temple has kindly invited our temple to their service. This can be viewed through the following link, which will also be sent via online:

https://us02web.zoom.us/j/87188141688?pwd=MG1naUo3MkU2cm8vTmx5U0R0ZkZQZz09

Meeting ID: 871 8814 1688 Passcode: 1910 ***SACBC will be open to participate in the service together.***

January 29, 2023 – Family Service

10 A.M.

Rev. Dr. Takashi Miyaji will officiate this HYBRID service.

The SACBC Board of Directors will be installed.

The General Meeting will be held after service. A quorum is needed, so please attend in-person, on Zoom, or sign a proxy.

2023 SACBC Board of Directors

2023 Officers

President VP Operations VP Religious Activities Recording Secretary Treasurer Membership Treasurer Corresponding Secretary General Counsel Past President

Honorary Advisor

Dr. Walter Hashimoto

2023 Elected Board Members

Dave Abe Nancy Dodd Karen Fujii Reina Fujii Paul Gan Larry Gissible Yvette Horning Dr. Palitha Jayaweera Noel Lowe Dr. Curtis Mark Ken Matsubayashi Royce Mori

- Kyle Yamasaki John Arai Karen Fujii Karen Suyama Larry Gissible Yvette Hornig Pat Takemoto Garret Murai John Arai
- Kathy Murai Paul Nakao Jamie Nagata Hideo Okada Dr. Neil Okamura Noreen Osaki JoAnn Rogers Mark Shimomura Karen Suyama Pat Takemoto Katherine Velasco

2023 Organization Representatives

- BWA Dharma School Jr YBA AA Cub/Boy Scout O Nami Taiko Japanese Language School Kendo Bingo
- Karen Suyama Betty Yamasaki & Cathleen Yoshida Kyle Yamasaki Royce Mori Patrick Kogoma Bob Kitajima Garret Murai Hideo Okada George Nakamura

JANUARY SHOTSUKI HOYO

Family, relatives and friends are invited to attend the monthly memorial service for the following on Sunday, January 8, 2023 at 10:00 AM; HYBRID (In-person or on Zoom).

DECEASED

FAMILY

	1937	Chizuko Sekigahama	Sek
	1958	Sakue Kamiji	Mrs
	1960	Tsuru Nomura	Nor
	1965	Hichizo Ota	Ota
	1966	Ruriko Kataoka	Kat
	1968	Koyuri Shibata	Shil
	1976	Moto Tsurui	Tsu
	1978	Haruyo Kawaguchi	Kav
	1986	Taijuu Kato	Mr.
	1993	Tsuyuko Suzuki	Suz
		Dennis James Hatakeda	Mr.
	2002	Toshiharu Okada	Mr.
	2003	Katsunori Hatsushi	Mrs
	2005	Tsugio Nishimura	Mr.
	2006	Yoshiko Kawaguchi	Kav
	2006	John Nagata	Mrs
	2007	Marie Payne	Mrs
	2007	Hosshi Shingetsu Akahoshi	Mr.
	2008	Ken Okubo	Mr.
	2011	June Okino	Oki
	2011	Yuka Matoba	Mrs
	2011	Jon Nakamoto	Nal
		Moss Fujii	Fuji
	2014	Molly Kitajima	Mr.
	2018	Ronald Misaki	Ms.
		Yoshimitsu Ushijima	Mrs
		Chiyemi Sakuda	Mr.
		Christopher Takayama	Mr.
		Ichitaro Yamasaki	Mr.
		Matsue Yamasaki	Mr.
		Kathleen Marie Dupler	Mr.
		Machi Doami	Doa
		Marcus Susumu Hishinuma	Mr.
		Richard Sakakida	Sak
		Tsugiko Hayashi	Mr.
		Edward Cuccia	Ms.
	2020	Anne Tanaka	Mr.
		Keiko Okubo	Mr.
		Harry Mark	Dr.
2	-	Haruko Hamamoto	Mr.
		Imahara, Shigeyo	Mr.
2	2022	Misaki, Mary	Ms.
_			

kigahama Family s. Sachi Fudenna & Mrs. Michi Handa mura Family a Family taoka Family ibata Family urui Family waguchi Family . & Mrs. Wayne Sakuda zuki Family . Harold Hatakeda . & Mrs. Hideo Okada rs. Kyoko Hatsushi . & Mrs. Fujio Yamamoto waguchi Family rs. Jamie Nagata rs. Nancy Camacho r. Hiro Akahoshi r. Patrick Okubo kino Family rs. Haru Hamamoto kamoto Family jii Family . & Mrs. Bob Kitajima 5. Joslynn Browne & Ms. Tiffany Misaki Holly rs. Yoshie Yamada . & Mrs. Wayne Sakuda r. & Mrs. Michael Takayama r. Kyle Yamasaki r. Kyle Yamasaki . Ron Dupler ami Family . & Mrs. Sabu Hishinuma kakida Family r. Richard Hayashi . Ann Cuccia . John Tanaka & Mr. Gary Tanaka . Patrick Okubo Curtis Mark & Noreen Osaki . Gary Hamamoto . Alan Imahara . Karen Fujii

Memorial Service 2023

Memorial year for those who passed away in:

2022 – 1 st year	2011 – 13th year	1991 – 33rd year
2021 – 3rd year	2007 – 17th year	1974 – 50th year
2017 – 7th year	1999 – 25th year	1923 – 100th year

If this is a special service year for a departed relative, please contact (510) 471-2581 Or at sacbcoffice@gmail.com to schedule a memorial service.



<u>SACBC BWA Report</u> and a little more...



Happy New Year!!! This is the year of the Water Rabbit. (See more info below)

Let's schedule our <u>first BWA meeting for Sunday January 29, at 9:00am</u> (before service). We welcome anyone to attend the meeting and encourage new members to join our group. We have been quiet for the past two years and are expecting to get back into action in 2023. Let's talk about scheduling some activities to bring us together again.

The sign of the Rabbit is a symbol of longevity, peace and prosperity and 2023 is predicted to be a year of hope. Rabbits in general are believed to be vigilant, witty, quick-minded and ingenious. Are you a Rabbit who turns 12, 24, 36, 48, 60, 72, 84 or 96?

There are (5) elements associated with each zodiac sign; Metal, Wood, Water, Fire or Earth. Therefore, a water rabbit comes around every 60 years. Water Rabbits are gentle, amicable and able to adjust readily to different conditions.



Hello SACBC Sangha!

Happy New Year! Akemashite omedetou gozaimasu! あけましておめでとうござ!

I wanted to acknowledge and thank John Arai for serving this past year in dual roles as President and as Vice President of Operations! John is irreplaceable at our temple for all that he does to serve our community, our Sangha. Grateful to you and your continued support in 2023! Thank you to the board for your vote of confidence to serve as SACBC's temple President in 2023! I look forward to the New Year collaborating with Rev. Dr. Takashi Miyaji, the temple board, and serving and guiding the temple and Sangha to the best of my abilities. I look forward to "polishing" our temple's golden chain to make it "bright and strong" together in the New Year as we plan and execute safely for in-person events such as our annual bazaar and obon as well as new events such as our January 14th, Reunion Dance!

Looking forward to working with you in the New Year!

In Gassho,

Kyle Yamasaki

SOUTHERN DISTRICT/CBE/IBS

WINTER PACIFIC SEMINAR

JANUARY 28, 2023

HOPE

From Shinran's Perspective

IN PERSON & VIRTUAL EVENT

(In English or Japanese)



PROFESSOR JESSICA MAIN

Professor Jessica Main is the Associate Head, Chair, and Director of The Robert H. N. Ho Family Foundation Program in Buddhism at the University of British Columbia. She completed her doctrinal studies at McGill University, with a dissertation on the modern history of human rights and descent-based discrimination in Japanese Shin Buddhism. An associate professor at UBC, her research concerns modern Buddhist ethics, social action, and institutional life in East and Southeast Asia.



REVEREND YASUSHI KICOSHI

木城 康

カリフォルニア州バークレー市生まれ。 1985年、大谷大学大学院文学研究科真宗学専攻修士課程 入学。1990年、同大学院文学研究科真宗学専攻博士後期 課程満期退学。2013年より大谷大学教授となり、2016年 から2022年3月まで大谷大学学長を務めた。 2022年4月から2023年3月までパークレー市に在留し、 カリフォルニア大学パークレー校にて客員研究員として 活動中。 著書: 「「正像末和讃」を読む」(大阪教区)

「ボランティアは脱端の教えに反するのか」(法職館) 「後世物語聞書職記」(東本願寺)

REGISTRATION INFO & IN-PERSON BENTO ORDER:

https://tinyurl.com/WINTERPACSEM

Buddhist Churches of America TEMPLE LEADERS WORKSHOP

Join us on Feb 4, 2023

- Network with temple leaders from other BCA temples
- Sharing successful ideas and practices
- Sharing challenges and finding solution
- Finding and providing inspiration to your fellow leaders



This conference is open to all BCA Temple representatives serving in leadership roles.



Jodo Shinshu Center 2140 Durant Avenue Berkeley, CA 94704



REG & INFO: https://tinyurl.com/BCALEADERS

What's Up Dharma School?

January 2023

Dharma School hosted Mochitsuki after two years of hiatus on Dec.4 in person in the Sangha Hall. It was most of the students' first time pounding mochi in the *Usu* (stone bowl to pound the mochi in) and shaping the mochi. Tyler M. bravely learned how to turn the mochi (happy to report that he didn't lose a finger!) The Sangha was also invited to pound and for the first time, tried to pound some steamed brown rice (Thanks to Karen Fuji for donating the rice!) which took some brute strength to pound.

We had a variety of 'topping' and enjoyed the fresh and warm pounded mochi, enjoying each other's company for the afternoon. We truly thank those who were able to join us to make this another memorable event.

We would especially like to thank:

- Rev.Miyaji for his guidance and support
- Karen Suyama and Mistuko Maruyama for making the kagamimochi for the altar.
- Japanese Language School for their use of their machines
- To our past DS members: Yukiko Osaki, Glen Sekigahama, Kathy Velasco, and Russell Yamasaki for jumping in to help
- Mochi-Usu master Garret Murai
- John Arai helping with prep, 'maintenance', and locating items
- Kathy Jang for
- Dharma school families for donating the many varieties of fruits for the friendship salad and all of the help to make this happen.

Looking ahead, Dharma classes is scheduled for:

- Dec. 18, 2022
- Jan.8, 2023
- Jan. 15, 2023 (Tentative)

We wish everyone a safe and happy holiday season!

In gassho,

Cathleen and Betty



















Qigong Class Sign-Up: Step by Step – Sign up in person OR online

The Wuji Qigong Fundamentals class is scheduled to start Monday, January 2, 2023, at 8:30 a.m. Details were in the December 2022 Golden Chain. The following are more specific instructions for signing up for the class.

1. You may attend the class in-person at Sangha Hall OR on ZOOM.

- a. **In person:** Come to Sangha Hall and sign up for the class with Karen Fujii. You do not need access to a computer to sign up or participate weekly in the class. Please come at least 30 minutes before class to sign up the first time you attend.
- b. **On Zoom:** sign up using the information below. If you need help signing up to attend on Zoom, come to class for help or contact Karen Fujii directly for help.
- c. If you sign up and get the Zoom link, you may attend class in person or on Zoom, as your schedule allows.
- d. You may start the class on any Monday. By signing up with Karen Fujii or online which requires creating an account, the system will keep track of your first day which is free and then how many classes you attend after that. The cost is \$15 per class if you pay for one class at a time. The cost is \$120 if you pay for 10 classes as a "package". See #2 below for how to pay.

2. Paying for the classes: There are two ways to pay:

- a. After you create an account when you sign up, you can pay digitally using a credit card.
- b. You can send a check to Jim Patton at PO Box 3297, Saratoga, CA 95070

3. Signing Up online:

STEP 1: Click on this link:

Real Works Movement (studiobookingsonline.com)

STEP 2: This will appear. Look at the bottom right corner and click on "Sign Up".

mail address	
Email	\odot
assword	
Password	\odot
) Remember me	Forgot your password?
10	G IN
Go back to clas	s calendar page
Don't have an a	ccount? Sign Up

STEP 3: Create an account. This Member Sign-Up Form will appear. (There is more than shown here. Fill out all the information requested. After you complete this form and submit it, you will have created an Account.

00 TO SETTINGS		Welcame to Real Works Movement new online class booking an scheduling page.
	MEMBER	SIGN-UP FORM
	First Name* Last Name*	
	Email*	Please use a valid email address, this will be your login ID and for getting stars d'Outle
	Password*	
	Re-type password*	This will be used as your login and perioword.

STEP 4: You will be prompted to Login to the account you just created.

STEP 5: A calendar will be displayed <u>showing today's month</u>. In the upper left corner are arrows (< >). Click on the arrow pointing to the right to move to the January 2023 calendar.

			CLASS SCH			
л					Find a Class :	Vidwi All
< > Turk	the l		NOVI	EMBER 2022		
aun	MON	TUE	web	THU	PRI	BAT
6	31		2	29	4	5
	97	24	0.	10	19	4.5

STEP 6: The Monday Wuji Qigong Fundamentals class begins on Monday, January 2nd. Select that date or a future date for the 1st class you wish to attend. For example, if you can't attend on January 2 OR learn about the class after January 2, you can click on any other Monday as your 1st class. The first class is free.

< >	Today			JANUAL	RY 2023
SUN	í.	MON	TUE	WED	THU
		2 \$:30 AM - 9:30 AM Fundamentals of Wuji Gigong Spots open 100/100 With Jim Patter	3	4 9:00 AM - 10:00 AM Wull Chigong - Progression Spots daen JOD/100 With Jim Patton	5
3		9 8:30 AM - 9:30 AM Fundamentals of Wilj Olgong	10	11 9:00 AM - 10:00 AM Wali Olgong - Progression Spots open 700/100	12

STEP 7: This will appear. Click on January 2 (or the first class you are attending), AND "BOOK NOW".

Qi	ndamentals of Wuji × gong ss.Instructor: Jim Patton
R	
	ss Time : 8:30 AM tructor : Jim Patton
	Available : 188
Cos	t : 1 Class Credits
2	MA 02/2023 8:30 AM - 9:30 AM
	01/09/2023 8:30 AM - 9:30 AM
0	01/16/2023 8:30 AM - 9:30 AM
0	91/23/2023 8:30 AM - 9:30 AM
0	91/30/2023 8:30 AM - 9:30 AM
1	Book New

SUN	MON	TUE	
	2 8:30 AM - 9:30 AM Fundamentals of Wuji Qigong Spots open 97/100 With Jim Patton Booked	3	
	9 8:30 AM - 9:30 AM Fundamentals of Wuji Qiaona	10	

Click on "BOOKED"

STEP 9: Then this Payment page will appear: (If you prefer, you can send a check. See #2 Paying...

"BOOKED" in Green

	CLASS CARDS	CONTRACTS (MEMBERSHIP PASSES)	E VIDEO PASSES
	Drop-in (Single Class) (validi	ty : 1 month)	\$15.00
0	Category : Online Classes (Zoom)		Buy
	10-Class Pack (validity : 6 m	onth)	\$120.0
C	Category : Online Classes (Zoom)		Buy
	10 prepaid class sessions		

SECURE VISA CON A Your data is secure and encrypted

You will only be charged for the classes you attend. If you sign up for 10 and miss a class or more, you will not be charged for the ones you miss.

STEP 10: You will receive an email from <u>Real Works Movement</u>, with the ZOOM link. This link is for all the classes, so save it.

THANK YOU! LOOK FORWARD TO SEEING YOU IN PERSON WITH KAREN FUJII OR ONLINE WITH JIM PATTON. PARTICIPANTS MAY JOIN THE CLASS ON ANY MONDAY THAT CLASS IS BEING HELD. IF YOU DON'T HAVE ACCESS TO THE INTERNET, COME TO SACBC SANGHA HALL AND SIGN UP THERE.

Pet Memorial Service: February 12, 2023

To honor the pets that shared their lives with you, the annual Pet Memorial Service will be Sunday, February 12, 2023. Please email, send, or drop off pictures with names of your pets that you would like remembered during this service. The deadline is <u>February 2</u>, <u>2023</u>. Be sure to include your name(s). If sending or providing hardcopies, please include your name and contact information so the pictures can be returned to you.

CAR DONATION PROGRAM

** Donate your unwanted car, truck or van
** Receive a tax deduction and help SACBC
** Running or not, even wrecks are accepted
** We handle all DMV paperwork ** It is fast and easy ** Towing is free!
For more info and to schedule a pick-up call:
Harold's Car Donation Service
800-310-5274
Website: haroldscardonationservice.com

Don't forget to mention that this is a donation for SACBC so that proceeds from the sale of the car go to our church.

<u>CORRECTION to November BWA Report</u>: <u>BWA yearly dues are \$15.00 per year (not \$10.00) but</u> <u>still a deal!</u> We are actively seeking new members to join us, anyone not just women. And after a long pause due to COVID, we look forward to starting up again with a few activities. Let's start the new year off with a meeting on Sunday January 23rd, at 9:15am.

SATURDAY, JAN 14,2025

7 PM TO 10 PM

MUSIC FROM THE 70S - 2000

PERFORMANCES BY

DJ TAKA (REV. TAKASHI MIYAJI & REV BRIDGE , DJ YAMIX , SPECIAL GUEST DJS!

LIGHT APPETIZERS . BEVERAGES . DANCING \$25 EVENTBRITE TICKET FOR 18+ \$10 EVENTBRITE FOR 13-17 FREE FOR CHILDREN 12 & UNDER MORE INFO AT SACECEVENTS.GMAIL.COM

32975 ALVARADO-NILES RD. UNION CITY, CA 94587 | TINYURL.COM/SACBCFOREVERYOUNGDANCE Southern Alameda Co. Buddhist Church 32975 Alvarado-Niles Rd. Union City, CA 94587-3165

Happy New Year! Welcome 2023!

JANUARY EVENTS

1 st MON	NEW YEAR'S DAY – SHUSHO-E SERVICE (HYBRID SERVICE)
2 nd MON	OFFICE CLOSED
8 th SUN	SHOTSUKI HOYO (HYBRID SERVICE)
14 [™] SAT	FOREVER YOUNG DANCE EVENT AT THE SANGHA HALL (7-10 pm)
15 th SUN	HOONKO SERVICE (HYBRID SERVICE)
16th MON	OFFICE CLOSED IN OBSERVANCE OF MARTIN LUTHER KING DAY
22 ND SUN	FAMILY SERVICE @ 9:30 A.M. (see Sunday Services page for special link)
29 th SUN	FAMILY SERVICE; GENERAL MEETING AFTER SERVICE
	BOARD OF DIRECTORS INSTALLATION
	ALL REGULAR SUNDAY SERVICES START AT 10:00 AM
	ZOOM Meeting ID: 818 7869 6300
	PASSCODE: 549504